

1. Which of the following descriptions are sensory based (S) and which are hallucinations (H)?

Her lips puffed and the muscles on her face tightened

She was relieved

The volume of his voice was diminished

She looked guilty

He looked cold

She showed remorse

His pupils dilated

2. List 6 modalities of calibration (i.e. skin tonus etc)

1.

2.

3.

4.

5.

6.

3. What is rapport? How is it useful?

4. List five things to match in getting rapport.

- 1.
- 2.
- 3.
- 4.
- 5.

5. For each of the following predicate, identify whether they are visual (V), auditory digital (Ad), Kinesthetic (K), Olfactory (O), Gustatory (G) or multiples

Stink	Warm	Tough
Look	See	Hear
Yummy	Remember	Feel
Sense	Taste	Thoughtful
Viewpoint	Tell	Survey
Tension	Putrid	Push
Shocking	Watch	Silent
Music	Hard	Throw
Motivate	Bitter	Brilliant



Module 1.3 Advanced Awareness Techniques

6. Translate the following sentences into a different representational system

Things look good

It is so quiet you can hear a pin drop

You are really fired up!

That sounds like a great idea

People don't see me as I see myself

Your words leave a sour taste in my mouth