1. What is the Meta Model and why do we use it?

2. What are the three processes (or filters) of internalizing on which the meta model is based?

3. Identify the Meta Model violations / patterns (I.E Cause and Effect etc) in each of the following sentences *and* indicate what the appropriate Meta Model challenge would be.

"He makes me happy"

Violation/ Pattern:

Challenge:

"Its wrong to cheat"

Violation / Pattern:

Challenge:

"I regret my decision"

Violation / Pattern:

Challenge:

"Nobody ever pays attention to me"

Violation / Pattern:

Challenge:

"Sue loves me"

Violation / Pattern

Challenge:

Meta Model Patterns cont…

"Susan hurt me"

Violation / Pattern:

Challenge:

"I'm angry"

Violation / Pattern:

Challenge:

"I should study harder"

Violation / Pattern:

Challenge: